# December 2024

## **West Elementary**

#### **Monday**

Cereal, Crackers Milk. Fruit & Juice

Pizza Crunchers **Marinara Sauce** Green Beans, Salad Bar Applesauce Cookie Milk Day 5

#### **Tuesday**

Mini Donuts Milk. Fruit & Juice

Chicken Patty on a Bun Tator Tots Salad Bar Mandarin Oranges Frozen Sidekick Milk Day 6

#### Wednesday

Breakfast Pizza Milk. Fruit & Juice

Grilled Cheese Sandwich Sun Chips **Baked Beans** Salad Bar Banana Milk Day 1

#### **Thursday**

Cinnamon Roll Milk, Fruit & Juice

Crispito & Cheese Sauce Steamed Corn Salad Bar Apple Sherbet Cup Milk Day 2

#### Friday

Cereal, Crackers Milk. Juice & Fruit

Mandarin Chicken/Rice Steamed Broccoli Normandy Salad Bar, Chilled Pineapple Roll & Butter Fortune Cookie Milk Day 3

Cereal, Crackers Milk. Fruit & Juice

> Quesadilla Green Beans Salad Bar **Chilled Pears** Fruit Slushy Milk Day 4

Cereal, Crackers

Milk. Fruit & Juice

Cheese Omelet

French Toast & Syrup

Hashbrown, Salad Bar

Sliced Oranges

**Cherry Star Juice** 

Milk

Day 3

30

16

Mini Donut Holes Milk. Fruit & Juice 10

17

Day 4

31

Walking Taco Lettuce, Cheese & Salsa Fiesta Beans, Salad Bar Applesauce Fruit Muffin Day 5

**Cowboy Bread** 

Milk, Fruit & Juice

Super Nachos

Steamed Peas

Salad Bar

**Chilled Applesauce** 

Cinnamon Breadstick

Sausage Gravy, Biscuit Milk & Juice

> Chicken Tenders Steamed Corn Salad Bar Strawberries Bread & Butter Day 6

Pancake on a Stick

Fruit. Milk & Juice

Pizza

Salad Bar

**Green Pepper Slices** 

Banana

Jonny Pop

Milk

Cereal, Crackers Milk. Fruit & Juice

Chili & Crackers French Fries Salad Bar Chilled Peaches Cinnamon Roll Milk Day 1

Strawberry Bagel

Milk, Fruit & Juice

Chicken Drummies & Roll

Mashed Potatoes & Gravy

Green Beans, Salad Bar

Strawberries

Chocolate Cake

19

Day 6

26

Mini Cinni Rolls Milk. Fruit & Juice

Cheeseburger on a Bun **Baked Beans** Salad Bar **Red Grapes** Jonny Pop Day 2

Cereal. Crackers

Milk. Fruit & Juice

**Breaded Cheese Sticks** 

Marinara Sauce

Steamed Corn, Salad Bar

Peaches

Cookie

Milk

If you have any questions,

This Institution is an equal

Menus subject to change.

NO SCHOOL Winter Break starts

NO SCHOOL



NO SCHOOL



NO SCHOOL



NO SCHOOL



20

Day 1

No school



NO SCHOOL



School website for online menu: https://www.glenwoodschools.org/

Link to: Food Service Welcome letter

Day 5

The 2024-2025 lowa Eligibility Application for free or reduced meals is available to fill out and submit online at: EZMealapp.com

You may also pick up a paper application in the school offices or download the form - Free and Reduced Iowa Eligibility Application Form.

We encourage everyone to fill out an application to see if you qualify.

### **Lunch News**

Daily Salad Bar Below are listed a few of the varied choices provided with lunch. Lettuce with 50% dark

green mix, Carrots, Cucumber Slices, Broccoli, Green Peppers, Celery, Cauliflower and Radishes

Meal prices for 2024-2025 Breakfast - \$2.10

PK - 5th Grade Lunch - \$3.20 6th - 12th Grade Lunch - \$3.30 Adult Breakfast - \$2.50 Adult Lunch - \$4.85 Extra Milk - \$.50

**EZSchoolpay** 

You may monitor your child's meal account and receive payment reminders via email on EZSchoolpay.com for FREE. You may also enter money into the account with a debit/credit card. There is a \$3.00 fee for online deposits.

please call the Food Service Office at 712-527-5029.

opportunity provider.

### **School Info**

**Professional Development** 4th & 11th 2hr Early Dismissal

Two Hour early Dismissal December 20th

Winter Break

December 23 - 31 No School January 1-3 No School