

# November 2024

# West Elementary



Monday

Tuesday

Wednesday

Thursday

Friday

### Free and Reduced Applications

The 2024-2025 Iowa Eligibility Application for free or reduced meals is available to fill out and submit online at: [ezmealapp.com](http://ezmealapp.com). You may also pick up a paper application in the school offices. We encourage everyone to fill out an application to see if you qualify.

NO SCHOOL

4  
Cereal, Crackers  
Milk, Fruit & Juice  
  
Bosco Cheese Sticks  
Marinara Sauce  
Steamed Corn, Salad Bar  
Peaches, Cookie  
Milk Day 6

5  
Mini Donuts  
Milk, Fruit & Juice  
  
Cheese Omelet  
French Toast & Syrup  
Hashbrown, Fresh Veggies  
Chilled Strawberries  
Milk Day 1

6  
Breakfast Pizza  
Milk, Fruit & Juice  
  
Chicken Nuggets  
French Fries  
Salad Bar, Banana  
Bread & Butter  
Milk Day 2

7  
Cinnamon Roll  
Milk, Fruit & Juice  
  
Super Nachos  
Steamed Peas, Salad Bar  
Chilled Applesauce  
Cinnamon Breadstick  
Milk Day 3

8  
Cereal, Crackers  
Milk, Fruit & Juice  
  
Pizza  
Green Beans, Salad Bar  
Mandarin Oranges  
Jonny Pop  
Milk Day 4

11  
Cereal, Crackers  
Milk, Fruit & Juice  
  
Sloppy Joe on a Bun  
French Fries  
Salad Bar  
Pears, Slushy Cup  
Milk Day 5

12  
Cowboy Bread  
Milk, Fruit & Juice  
  
Chicken Patty on a Bun  
Honey Glazed Carrots  
Salad Bar  
Apple Slices  
Fresh Baked Cookie  
Milk Day 6

13  
Sausage Gravy, Biscuit  
Milk & Juice  
  
Hot Dog on a Bun  
Baked Beans  
Broccoli Salad  
Chilled Peaches  
Jonny Pop  
Milk Day 1

14  
Long John  
Milk, Fruit & Juice  
  
Mandarin Chicken/Rice  
Steamed Broccoli Normandy  
Chilled Pineapple  
Bread & Butter  
Fortune Cookie  
Milk Day 2

15  
Cereal, Crackers  
Milk, Fruit & Juice  
  
Macaroni & Cheese  
Steamed Peas  
Salad Bar  
Red Grapes  
Dinner Roll  
Milk Day 3

18  
Cereal, Crackers  
Milk, Fruit & Juice  
  
Breaded Cheese Sticks  
Marinara Sauce  
Steamed Corn, Salad Bar  
Chilled Peaches, Sherbet Cup  
Milk Day 4

19  
Mini Donut Holes  
Milk, Fruit & Juice  
  
Soft Shell Taco  
Lettuce, Cheese & Salsa  
Refried Beans, Salad Bar  
Applesauce, Churro  
Milk Day 5

20  
Pancake on a Stick  
Fruit, Milk & Juice  
  
Mini Corn Dogs  
Baked Beans, Salad Bar  
Chilled Pears  
Goldfish Crackers  
Milk Day 6

21  
Cereal, Crackers  
Milk, Fruit & Juice  
  
Turkey & Gravy over  
Mashed Potatoes & Roll  
Green Beans, Apple  
Harvest Bar  
Milk Day 1

22  
Long John  
Milk, Fruit & Juice  
  
Hamburger on a Bun  
French Fries, Salad Bar  
Mandarin Oranges  
Fruit Slushy  
Milk Day 2

25  
Cereal, Crackers  
Milk, Fruit & Juice  
  
Pizza  
Green Beans, Salad Bar  
Orange Wedges  
Jonny Pop  
Milk Day 3

26  
Super Pancakes  
Milk, Fruit & Juice  
  
Popcorn Chicken  
Steamed Corn, Salad Bar  
Mixed Fruit  
Roll and Butter  
Milk Day 4

NO SCHOOL

NO SCHOOL

NO SCHOOL

### Lunch News

Meal prices for 2024-2025  
Breakfast - \$2.10  
PK - 5th Grade Lunch - \$3.20  
6th - 12th Grade Lunch - \$3.30  
Adult Breakfast - \$2.50  
Adult Lunch - \$4.85  
Extra Milk - \$.50

EZSchoolpay  
You may monitor your child's meal account and receive payment reminders via email on [EZSchoolpay.com](http://EZSchoolpay.com) for FREE. You may also enter money into the account with a debit/credit card. There is a \$3.00 fee for online deposits.

If you have any questions, please call the Food Service Office at 712-527-5029.

This Institution is an equal opportunity provider.

Menus subject to change.

### School Info

Professional Development  
6<sup>th</sup> 13<sup>th</sup> 20<sup>th</sup>  
2hr Early Dismissal

November 1<sup>st</sup> No School  
November 27-29 No School