

# **Glenwood Community School District**

## **K-12 Guidance Curriculum**

Glenwood Elementary School  
K-5 School Counseling Curriculum  
Approved Date – June 2016

**Course Purpose:** The student will apply knowledge to improve academic development, acquire an awareness of potential careers, and grow socially and emotionally in order to help them achieve to their highest potential. These services can be delivered in classroom, group, or individual settings.

Course Outcomes	Outcome Components	Description
<b>1. Academic Development</b>	<b>The student will show improved academic and employability/citizenship skills appropriate to their age level in class observations and quarterly reports.</b>	
	1.1	Discuss skills and competencies as a learner.
	1.2	Identify acts and behaviors that lead to successful learning.
	1.3	Demonstrate the ability to stay on task and to manage time to complete tasks.
	1.4	Demonstrate skills to contribute productively to group learning and to work independently.
	1.5	Use appropriate study skills to accomplish tasks.
<b>2. Career Development</b>	<b>The student will demonstrate the connection between self- esteem, gifts, skills, interests, abilities, and career opportunities appropriate to their age level.</b>	
	2.1	Identify personal abilities, skills, interests, and motivations.
	2.2	Demonstrate decision making steps and will set short term goals.
	2.3	Work cooperatively with a group to accomplish a specific task.
	2.4	Express personal vocational interests.
<b>3. Personal/ Social Development</b>	<b>The student will recognize factors of human growth and development including: personal characteristics, emotional expressions, and values that influence their own behaviors and interactions with others.</b>	
	3.1	Identify and respect individual differences.
	3.2	Demonstrate effective communication skills.
	3.3	Demonstrate skills to resolve conflicts
	3.4	Demonstrate problem solving skills to make good choices, to include topics of safety, consumer health, and effects of alcohol, tobacco, drugs, and poisons on the human body.

## **Middle School Counseling Programs and Services**

**Program Purpose:** The purpose of the professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development. These services can be delivered in classroom, group, and individual settings.

### **Academic**

- *Course and Schedule Planning*
- *Academic Progress Counseling*
- *Student/Teacher Support*
- *Coordinate Educational Testing*
- *Coordinate All Transitions*

### **Career**

- *Post-High School Goal Setting*
- *Present College/Career/Information*
- *Administer "I Have a Plan Iowa"*

### **Personal/Social**

- *Respond to private student issues*
- *Help foster positive student relationships*
- *Help Students problem solve*

### **Confidentiality**

*Conversations and information exchanged within the counseling relationship are confidential with the exceptions of information about doing harm to oneself, harm to others, and any reports of abuse.*

Glenwood Community Middle School  
 6<sup>th</sup> Grade Counseling Curriculum  
 Approved Date – June 2016

**Course Purpose:** The purpose of the 6th grade professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development.

Course Outcomes	Outcome Components	Description
<b>COUN 6.1</b>	<b>The student will acquire skills and information necessary for a successful transition from the elementary building to the middle school.</b>	
	6.1.1	Navigate to specific locations within the middle school corresponding to courses or activities.
<b>COUN 6.2</b>	<b>The student will identify and track personal long and short term goals.</b>	
	6.2.1	Set a realistic goal and write an action plan to improve performance on standardized tests.
<b>COUN 6.3</b>	<b>The student will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.</b>	
	6.3.1	Select healthy and positive practices of responding to negative statements and apply them in role plays.
<b>COUN 6.4</b>	<b>The student will acquire the skills and information necessary for a successful transition from 6th to 7th grade.</b>	
	6.4.1	Select preferred electives from a list of course options for the development of a schedule for 7th grade. (online registration)

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 7<sup>th</sup> Grade Counseling Curriculum  
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**Course Purpose:** The purpose of the 7th grade professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development.

Course Outcomes	Outcome Components	Description
<b>COUN 7.1</b>	<b>The student will utilize a career program to explore interests, and learn about educational and career options.</b>	
	7.1.1	Complete an inventory to identify interests and abilities associated with possible career options.
	7.1.2	Explore a career and list the jobs and tasks possible within the career, the education needed, and additional info about the career.
	7.1.3	List three preferred careers and will explain why these are preferred.
<b>COUN 7.2</b>	<b>The student will acquire and apply effective problem solving and decision making skills to make healthy choices.</b>	
	7.2.1	Inform an adult about situations needing support/attention.
	7.2.2	Identify consequences resulting from choices/actions.
<b>COUN 7.3</b>	<b>The student will acquire skills to successfully transition to 8th grade.</b>	
	7.3.1	Select preferred electives from a list of course options for the development of a schedule for 8th grade. (online registration)
<b>COUN 7.4</b>	<b>The student will set a realistic goal for improvement on standardized assessments.</b>	
	7.4.1	Write an action plan that reflects their goal for improvement.

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8<sup>th</sup> Grade Counseling Curriculum  
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**Course Purpose:** The purpose of the 8th grade professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development.

Course Outcomes	Outcome Components	Description
<b>COUN 8.1</b>	<b>The student will complete the 8th Grade Iowa Guideways on the I Have a Plan Iowa website.</b>	
	8.1.1	Complete career information to identify interests and abilities associated with career options. (Guideway 1 - The Career Key)
	8.1.2	Identify career clusters that match personal interests and associated careers to consider. (Guideway 2 - Career Cluster Survey)
	8.1.3	Identify programs and majors in post-secondary educational institutions that are consistent with identified career options. (Guideway 4 - Explore Programs and Majors)
	8.1.4	Identify a course of study using the current high school courses that align with post-secondary needs. (Guideway 5 - Create a Plan of Study)
<b>COUN 8.2</b>	<b>The student will set a realistic goal for improvement on standardized assessments.</b>	
	8.2.1	Write an action plan that reflects their goal for improvement.
	8.2.2	Identify a list of strategies to enable effective test-taking.
<b>COUN 8.3</b>	<b>The student will summarize information gained about the dangers of substance use and abuse.</b>	
	8.3.1	Encourage others to make healthy choices.
<b>COUN 8.4</b>	<b>The student will identify skills and information necessary for a successful transition from 8th to 9th grade.</b>	
	8.4.1	Identify the requirements needed for graduation.
	8.4.2	Generate reasons for joining a school organization in senior high school.
	8.4.3	Identify specific school organizations that they would like to learn more about for possible involvement in senior high school.
	8.4.4	Identify people in their school whom they can contact for help with issues, concerns, and problems.
<b>COUN.8.5</b>	<b>The student will identify skills and information necessary for a successful transition to ninth grade. <i>This outcome is the responsibility of the 9th grade counselor.</i></b>	
	8.5.1	Identify specific reasons for the importance of extracurricular involvement.
	8.5.2	Ask questions of high school students for information specific to transition concerns.
	8.5.3	List and describe three extra-curricular activities/clubs of interest.
	8.5.4	Produce an initial list of Course Requests as a result of a 9th Grade Orientation Meeting.
	8.5.5	Formulate a final course list during an individual meeting with the 9/10 counselor.
	8.5.6	Demonstrate ability to navigate to specific locations within the high school corresponding to courses or activities identified for the following year through high school guided tours.

## High School Counseling Programs and Services

**Program Purpose:** The purpose of the professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development. These services can be delivered in classroom, group, and individual settings.

### **Academic**

- *Course and Schedule Planning*
- *Graduation Progress Counseling*
- *Student/Teacher Support*
- *Coordinate Educational Testing*
- *Coordinate All Transitions Between Academic Levels*

### **Career**

- *Post-High School Goal Setting*
- *Present College/Career Information*
- *Administer "I Have a Plan Iowa"*
- *Coordinate College/Career Visits*

### **Personal/Social**

- *Respond to private student issues*
- *Help foster positive student relationships*
- *Help Students problem solve*

### **Confidentiality**

*Conversations and information exchanged within the counseling relationship are confidential with the exceptions of information about doing harm to oneself, harm to others, and any reports of abuse.*

Glenwood Community High School  
 9<sup>th</sup> Grade Counseling Curriculum  
 Approved Date – June 2016

**Course Purpose:** The purpose of the 9th grade professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development.

Course Outcomes	Outcome Components	Description
<b>COUN.9.1</b>	<b>The student will complete the 9th Grade Guideways of the Academic and Career Portion of I Have a Plan Iowa (IHAPI)</b>	
	9.1.1	Discover preferred areas of interest as related to career planning (IHAPI: Guideway 1, Interest Profiler)
	9.1.2	Explore careers, identifying at least 3 careers of interest (IHAPI: Guideway 2, Career Finder)
	9.1.3	Assess their basic skill level in each of 10 areas (IHAPI: Guideway 3, Basic Skills Survey)
	9.1.4	Update their four year plan, making changes as their interests and future plans would dictate (IHAPI: Guideway 4, Your Plan of Study)
	9.1.5	Invite their parent to review their IHAPI information if desired (IHAPI: Guideway 5, Ninth Grade Parent Review Invitation)
	9.1.6	Journal their thoughts about their academic progress and their future plans (IHAPI: Guideway 6, Annual Reflection)
<b>COUN.9.2</b>	<b>The student will identify various types of decisions students may face through the high school years and utilize a decision making model as a way to process each new decision</b>	
	9.2.1	Understand the importance of reporting any peer or self-concerns of abuse or suicidal thoughts to a trusted adult
	9.2.2	Analyze various anonymous examples of senior transcripts and apply this information to their own academic situation
	9.2.3	Identify consequences of driving while under the influence of alcohol/drugs
<b>COUN.9.3</b>	<b>The student will identify skills and information necessary for a successful transition to tenth grade.</b>	
	9.3.1	The student will produce an initial list of Course Requests as a result of a 10th Grade Orientation Meeting
	9.3.2	The student will formulate a final course list during an individual meeting with the 9/10 counselor



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 10<sup>th</sup> Grade Counseling Curriculum  
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**Course Purpose:** The purpose of the 10th grade professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development.

Course Outcomes	Outcome Components	Description
<b>COUN.10.1</b>	<b>The student will complete the 10th Grade Guideways of the Academic and Career Portion of I Have a Plan Iowa (IHAPI)</b>	
	10.1.1	Determine the work values that are most important to them (IHAPI: Guideway 1, Work Values Sorter)
	10.1.2	Compare careers of interest (IHAPI: Guideway 2, Compare Careers)
	10.1.3	Explore and evaluate programs and majors corresponding to their interests (IHAPI: Guideway 3, Exploring Programs/Majors)
	10.1.4	Read an article about preparation for college and identify important points of interest (IHAPI: Guideway 4, Get Ready for College Article)
	10.1.5	Investigate and compare at least two schools of further education (IHAPI: Guideway 5, Compare Schools)
	10.1.6	Update their four year plan, making changes as their interests and future plans would dictate (IHAPI: Guideway 6, Your Plan of Study)
	10.1.7	Journal their thoughts about their academic progress and their future plans (IHAPI: Guideway 7, Annual Reflection)
<b>COUN.10.2</b>	<b>The student will utilize the PLAN test to make new self-discoveries and tentative future plans</b>	
	10.2.1	Evaluate their PLAN test results in conjunction with where they stand academically, creating academic goals to better prepare for their future career goals.
	10.2.2	Explore careers and colleges through the PLAN student website
	10.2.3	Update their four year plan with information from the PLAN student website
<b>COUN 10.3</b>	<b>The student will utilize transition information to complete the registration process for 11th Grade. <i>This outcome is the responsibility of the 11th grade counselor.</i></b>	
	10.3.1	Produce an initial list of Course Requests as a result of a 10th Grade Orientation Meeting.
	10.3.2	Revise, select, and enter a final Course Request list during small group meetings with 11th/12th grade Counselor.

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 11<sup>th</sup> Grade Counseling Curriculum  
 Approved Date – June 2016

**Course Purpose:** The purpose of the 11th grade professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development.

Course Outcomes	Outcome Components	Description
<b>COUN 11.1</b>	<b>The student will complete the 11th grade portion of I Have a Plan Iowa (IHAPI)</b>	
	11.1.1	Analyze the results of a Transferrable Skills Checklist by selecting 3 careers of interest that match their current skill set. (Guideway 1, IHAPI)
	11.1.2	Develop and upload an Activities Resume detailing their involvement throughout high school. (Guideway 2, IHAPI)
	11.1.3	Develop and upload an example Cover Letter that could be used in applying for a job or scholarship. (Guideway 3, IHAPI)
	11.1.4	Compile a list of colleges that provide the training necessary for their careers of interest. (Guideway 4, IHAPI)
	11.1.5	Record notes about their impressions of the selected colleges or about what they would like to know in preparation for visiting those schools.
	11.1.6	Complete a practice College Application to identify what types of information are often required. (Guideway 6, IHAPI)
	11.1.7	Analyze 4 Financial Aid articles to identify the financial components of attending post-secondary education. (Guideway 7, IHAPI)
	11.1.8	Compile a list of scholarships available to them based on their current demographics, achievements, and interests to identify sources of Financial Aid. (Guideway 8, IHAPI)
	11.1.9	Formulate an updated Plan of Study which relates to their interests, skills, and career goals in preparation for their 12th grade course requests and post-secondary education. (Guideway 9, IHA)
	11.1.10	Write an Annual Reflection summarizing their thoughts about the 11th Grade IHAPI activities completed.
<b>COUN 11.2</b>	<b>The student will develop a post-secondary planning timeline to assist in narrowing down post-secondary options and decisions making.</b>	
	11.2.1	Participate in an informational planning session covering important dates and events from junior through senior year of high school.
<b>COUN 11.3</b>	<b>The student will analyze information pertaining to finances for post-secondary education to assist in planning for deciding on a post-secondary option. (Iowa College Access Network.</b>	
	11.3.1	Participate in a class assembly presenting information concerning financial preparation for post-secondary education.
<b>COUN 11.4</b>	<b>The student will utilize transition information to complete the registration process for 12th Grade.</b>	
	11.4.1	Produce an initial list of Course Requests as a result of a 12th Grade Orientation Meeting.
	11.4.2	Revise, select, and enter a final Course Request list during small group meetings with 11th/12th grade Counselor.

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 12<sup>th</sup> Grade Counseling Curriculum  
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**Course Purpose:** The purpose of the 12th grade professional school counseling program is to advocate for the student by providing a comprehensive, developmental and preventative counseling program addressing the academic, career, and personal/social development.

Course Outcomes	Outcome Components	Description
<b>COUN 12.1</b>	<b>The student will complete the 12th grade portion of I Have a Plan Iowa (IHAPI)</b>	
	12.1.1	Analyze the results of an Interest Inventory to identify how their interests related to potential careers. (Guideway 1, IHAPI)
	12.1.2	Compile a list of careers which will be used for post- secondary planning. (Guideway 2, IHAPI)
	12.1.3	Research and identify post-secondary institutions that offer training for the careers of interest to assist in post-secondary decision making. (Guideway 3, IHAPI)
	12.1.4	Complete the Career Plan Builder to develop a step-by-step plan for moving from 12 <sup>th</sup> grade, to post-secondary education, to a career, and finally to a desired lifestyle. (Guideway 4, IHAPI)
	12.1.5	Formulate an updated Plan of Study which reflects coursework completed throughout their high school career to demonstrate how it relates to post-secondary planning. (Guideway 5, IHAPI)
	12.1.6	Write a Journal Reflection summarizing their thoughts about the 12th Grade IHAPI activities completed.
<b>COUN 12.2</b>	<b>The student will utilize transition information to prepare to transition to post-secondary education.</b>	
	12.2.1	Revise their post-secondary planning timeline to assist in narrowing down post-secondary options and decision making.
	12.2.2	Analyze information pertaining to finances for post- secondary education to assist in filling out and filing the FAFSA. (Iowa College Access Network)