

March 2024

Glenwood Middle School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cereal, Crackers
Milk, Fruit & Juice

4

Pizza Crunchers
Marinara Cup
Corn, Carrot Sticks
Chilled Peaches
Fresh Baked Cookie
Milk

Cereal, Crackers
Milk, Fruit & Juice

11

Sloppy Joe
French Fries
Lettuce Salad
Chilled Pears
Sherbet Cup
Milk

Cereal, Crackers
Milk, Fruit & Juice

18

Chicken Strips
Tator Tots
Celery Sticks
Chilled Pears
Bread & Butter
Milk

Cereal, Crackers
Milk, Fruit & Juice

25

Chicken Nuggets
Steamed Corn
Carrots Sticks
Orange Wedges
Dinner Roll & Butter
Milk

Mini Donuts
Milk, Fruit & Juice

5

Mandarin Orange Chicken
Rice & Bread
Steamed Mixed Vegetables
Pineapple
Fortune Cookie
Milk

Mini Donuts
Milk, Fruit & Juice

12

Popcorn Chicken
Green Beans
Cucumber Slices
Red Grapes
Bread & Butter
Milk

Mini Donuts
Milk, Fruit & Juice

19

Crispito & Cheese Sauce
Steamed Corn
Sliced Cucumber
Orange Wedges
Fruit Slushy
Milk

Mini Donuts
Milk, Fruit & Juice

26

Soft Shell Taco
Lettuce & Cheese
Refried Beans
Chilled Applesauce
Churro
Milk

Breakfast Pizza
Fruit, Milk & Juice

6

Chicken Patty on a Bun
Hashbrown
Lettuce Salad
Banana
Jonny Pop
Milk

Sausage Gravy, Biscuit
Fruit, Milk & Juice

13

Cheese Omelet
French Toast & Syrup
Hashbrown
VBlend Juice
Chilled Strawberries
Milk

Pancake on a Stick
Milk, Fruit & Juice

20

Mini Corn Dogs
Baked Beans
Lettuce Salad
Banana
Fresh Baked Cookie
Milk

French Toast, Syrup
Milk, Fruit & Juice

27

Hamburger on a Bun
French Fries
Mixed Veggies
Chilled Peaches
Mini Choc Chip Cracker
Milk

Cinnamon Roll
Milk, Fruit & Juice

7

Walking Taco
Lettuce & Cheese
Fiesta Beans & Salsa
Chilled Applesauce
Fruit Muffin
Milk

Long John
Milk, Fruit & Juice

14

Super Nachos
Steamed Peas
Lettuce Salad
Chilled Pineapple
Breadstick
Milk

Cinnamon Roll
Milk, Fruit & Juice

21

Deli Sub Sandwich
Sun Chips
Broccoli Salad
Carrot Sticks
Chilled Strawberries
Milk

Long John
Milk, Fruit & Juice

28

Stuffed Crust Pizza
Green Beans
Lettuce Salad
Chilled Mandarin Orange
Fruit Slushy
Milk

Cereal, Crackers
Milk, Fruit & Juice

1

Macaroni & Cheese
Steamed Peas
Lettuce Salad
Apple
Bread & Butter
Milk

Super Pancakes
Blueberries, Strawberries
W/G Cracker, Milk & Juice

8

Cheese Quesadilla
Green Beans
Carrot Sticks
Chilled Mixed Fruit
Fruit Slushy
Milk

NO SCHOOL

15

Cereal, Crackers
Milk, Fruit & Juice

22

Bosco Cheese Sticks
With Marinara Cup
Green Beans, Lettuce Salad
Apple
Sherbet Cup
Milk

NO SCHOOL

29

Spring Break

Now Accepting Applications

Food Service Clerk – \$14.00 - 7:15 to 1:45

Food Service Floater - \$13.00 – 8 to 1:45

Food Service Subs - \$12.50 – Hours Vary

<https://www.glenwoodschoools.org/careers/>

Lunch News

Daily Veggie Bar

Listed Below are a few choices provided with Lunch.

Daily choices vary:

Lettuce 50% dark green mix
Carrots, Cucumber slices,
Tomatoes, Broccoli, Green
Peppers, Celery & Cauliflower

Meal prices for 2023-2024

Breakfast all schools- \$2.00

PK - 5th Grade Lunch - \$3.00

6th - 12th Grade Lunch - \$3.10

Adult Breakfast - \$2.50

Adult Lunch - \$4.85

Extra Milk - \$.50

EZSchoolpay.com

You may monitor your child's meal account and receive payment reminders via email on EZSchoolpay.com for FREE. You may also enter money into the account with a debit/credit card. There is a \$3.00 fee for online deposits. If you have any questions, please call the Food Service Office at 712-527-5029.

Free and Reduced Meals

The 2023-2024 Iowa Eligibility Application for free or reduced meals is available to fill out and submit online at: ezmealapp.com or you may pick up a paper application in the school offices. We encourage everyone to fill out an application to see if you qualify.

This Institution is an equal opportunity provider.

Menu subject to change.

School Info

2 Hour Early Out

6th & 20th

No School

15th & 29th