

April 2024

Glenwood Middle School

Monday

NO SCHOOL

Tuesday

Donut
Milk, Fruit & Juice
Breaded Cheese Sticks
Marinara Sauce
Green Beans, Carrot Sticks
Chilled Peaches
Fresh Baked Cookie
Milk

Wednesday

Breakfast Pizza
Fruit, Milk & Juice
Chicken Patty on a Bun
Hashbrown
Sliced Cucumbers
Banana
Fruit Slushy Cup
Milk

Thursday

Cinnamon Roll
Milk, Fruit & Juice
Super Nachos
Steamed Peas
Lettuce Salad
Chilled Pineapple
Breadstick
Milk

Friday

Cereal, Crackers
Milk, Fruit & Juice
Grilled Cheese Sandwich
Sun Chips
Baked Beans
Carrot Sticks
Sliced Apples
Milk

Cereal, Crackers
Milk, Fruit & Juice
Pizza Crunchers
Marinara Sauce
Green Beans, Carrot Sticks
Chilled Applesauce
Fresh Baked Cookie
Milk

Donut
Milk, Fruit & Juice
Crispito & Cheese Sauce
Steamed Corn
Lettuce Salad
Chilled Mandarin Oranges
Sherbet Cup
Milk

Sausage Gravy, Biscuit
Fruit, Milk & Juice
Hamburger on a Bun
French Fries
Celery Sticks
Chilled Pears
Goldfish Crackers
Milk

Long John
Milk, Fruit & Juice
Chicken Strips
Mashed Potatoes & Gravy
Cucumber Slices
Chilled Strawberries
Dinner Roll
Milk

Cereal, Crackers
Milk, Fruit & Juice
Mini Corn Dogs
Baked Beans
Lettuce Salad
Chilled Peaches
Fruit Slushy Cup
Milk

NO SCHOOL

Donut
Milk, Fruit & Juice
Mandarin Orange Chicken
Rice & Bread
Steamed Mixed Vegetables
Chilled Pineapple
Fortune Cookie
Milk

Pancake on a Stick
Milk, Fruit & Juice
Chicken Nuggets
French Fries
Lettuce Salad
Banana
Dinner Roll & Butter
Milk

Cinnamon Roll
Milk, Fruit & Juice
Walking Taco
Lettuce & Cheese
Fiesta Beans & Salsa
Chilled Applesauce
Fruit Muffin
Milk

Cereal, Crackers
Milk, Fruit & Juice
Pizza
Green Beans
Carrot Sticks
Orange Wedges
Jonny Pop
Milk

Cereal, Crackers
Milk, Fruit & Juice
Sloppy Joe
French Fries
Carrot Sticks
Chilled Pears
Grandma's Cookie
Milk

Donut
Milk, Fruit & Juice
BBQ Rib on a Bun
Baked Beans
Lettuce Salad
Chilled Applesauce
Fruit Slushy Cup
Milk

French toast, Syrup
Milk, Fruit & Juice
Popcorn Chicken
Green Beans
Cucumber Slices
Red Grapes
Bread & Butter
Milk

Long John
Milk, Fruit & Juice
Super Nachos
Steamed Peas
Carrot Sticks
Chilled Mandarin Oranges
Cinnamon Crackers
Milk

Cereal, Crackers
Milk, Fruit & Juice
Cheese Omelet
French Toast & Syrup
Hashbrown
Cherry Star Juice
Chilled Strawberries
Milk

Cereal, Crackers
Milk, Fruit & Juice
Chicken Strips
Mashed Potatoes & Gravy
Carrot Sticks
Chilled Pears
Dinner Roll
Milk

Donut
Milk, Fruit & Juice
Crispito & Cheese Sauce
Steamed Corn
Celery Sticks
Fresh Apple Slices
Sherbet Cup
Milk

Did You Know?

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.

Lunch News

Daily Veggie Bar
Listed Below are a few choices provided with Lunch.

Daily choices vary:
Lettuce 50% dark green mix
Carrots, Cucumber slices,
Tomatoes, Broccoli, Green
Peppers, Celery & Cauliflower

Meal prices for 2023-2024

Breakfast all schools- \$2.00
PK - 5th Grade Lunch - \$3.00
6th - 12th Grade Lunch - \$3.10
Adult Breakfast - \$2.50
Adult Lunch - \$4.85
Extra Milk - \$.50

EZSchoolpay.com

You may monitor your child's meal account and receive payment reminders via email on EZSchoolpay.com for FREE. You may also enter money into the account with a debit/credit card. There is a \$3.00 fee for online deposits. If you have any questions, please call the Food Service Office at 712-527-5029.

Free and Reduced Meals

The 2023-2024 Iowa Eligibility Application for free or reduced meals is available to fill out and submit online at: ezmealapp.com or you may pick up a paper application in the school offices. We encourage everyone to fill out an application to see if you qualify.

This Institution is an equal opportunity provider.

Menu subject to change.

School Info

2 Hour Early Out
10th & 24th

No School
1st & 15th