

Preschool Social Emotional Essential Components

Essential Components	Description	Iowa Early Learning Standard Connection
	The student regulates own emotions and behaviors.	Standard 1.2.PS
P.SEL.01.01	Students will name different emotions (happy, ready to learn, sad, sick, tired, frustrated, a little mad, worried, mad/angry, out of control) of others by looking at pictures of children.	
P.SEL.01.02	Students will name their different emotions (happy, ready to learn, sad, sick, tired, frustrated, a little mad, worried, mad/angry, out of control) by naming emotion or selecting a picture of the emotion they are feeling.	
P.SEL.01.03	Students will choose a strategy or solution (provided by teacher or student choice) to get back to being "ready to learn."	
	The student establishes and sustains positive relationships	Standard 1.4.PS
P.SEL.02.01	Student will respond with words, actions, gestures, and/or visuals when spoken to by an adult or a peer.	
P.SEL.02.02	Student will initiate an interaction with words, actions, gestures and/or visuals with an adult or peer throughout the preschool day when appropriate.	
P.SEL.02.03	Student will engage in back and forth exchanges with words, actions, visuals and/or gestures with the peers or adults for more than a week	
	The student participates cooperatively and constructively in group situations.	Standard 3.1.PS
P.SEL.03.01	Student will engage in reciprocal exchanges towards a common goal with peers and/or adults in all group settings (centers, small groups, outside).	
P.SEL.03.02	Student will follow schoolwide expectations (safe, respectful, responsible, kind) with peers and/or adults in all group settings.	
P.SEL.03.03	Student will contribute an idea, skill, or action during a group interaction led by the teacher or peers with peers or adults in all group settings.	

	Uses language to express thoughts and needs	Standard 6.1.PS
P.SEL.09.01	Students will describe their work (drawing, painting, sculpture, etc) during free play and structured activity	
P.SEL.09.02	Students will verbalize a thought or feeling with peers and/or adults in all group settings	
P.SEL.09.03	Students will verbalize a need or want with peers and/or adults in all group settings	