

December 2024

Glenwood High School Revised 12/17/24

Monday

2
Cereal, Crackers
Milk, Fruit & Juice

Pizza Crunchers
Marinara Sauce O
Burrito & Cheese Sauce
Green Beans, Salad Bar
Applesauce, Cookie
Milk

9
Cereal, Crackers
Milk, Fruit & Juice

Quesadilla
Or Spicy Chicken on a Bun
Green Beans, Salad Bar
Chilled Pears,
Fruit Slushy
Milk

16
Cereal, Crackers
Milk, Fruit & Juice

Cheese Omelet
French Toast & Syrup
Or Deli Sub
Hashbrown, Salad Bar
Oranges, Cherry Star Juice
Milk

23
NO SCHOOL
Winter Break starts



30
NO SCHOOL



Tuesday

3
Mini Donuts
Milk, Fruit & Juice

Chicken Patty on a Bun
Or BBQ Rib on a Bun
Tator Tots, Salad Bar
Mandarin Oranges
Frozen Sidekick
Milk

10
Mini Donut Holes
Milk, Fruit & Juice

Walking Taco
Or Chicken Fajita Wrap
Lettuce, Cheese & Salsa
Fiesta Beans, Salad Bar
Applesauce & Fruit Muffin
Milk

17
Cowboy Bread
Milk, Fruit & Juice

Super Nachos
Or Popcorn Chicken
Steamed Peas, Salad Bar
Chilled Applesauce
Cinnamon Breadstick
Milk

24
NO SCHOOL



31
NO SCHOOL



Wednesday

4
Breakfast Pizza
Milk, Fruit & Juice

Grilled Cheese Sandwich
Or Mini Corndogs
Sun Chips
Baked Beans, Salad Bar
Banana
Milk

11
Sausage Gravy, Biscuit
Milk & Juice

Chicken Tenders
Or Macaroni & Cheese
Steamed Corn
Salad Bar, Strawberries
Bread & Butter
Milk

18
Pancake on a Stick
Fruit, Milk & Juice

Pizza Or
Pork Fritter on a Bun
Salad Bar
Green Pepper Slices
Banana, Jonny Pop
Milk

25
NO SCHOOL



Thursday

5
Cinnamon Roll
Milk, Fruit & Juice

Crispito & Cheese Sauce
Chicken Nuggets & Roll
Steamed Corn
Salad Bar, Apple
Sherbet Cup
Milk

12
Cereal, Crackers
Milk, Fruit & Juice

Chili & Crackers
Or Hot Dog on a Bun
French Fries, Salad Bar
Chilled Peaches
Cinnamon Roll
Milk

19
Strawberry Bagel
Milk, Fruit & Juice

Breaded Cheese Sticks
Marinara Sauce
Or Cooks Choice
Steamed Corn, Salad Bar
Peaches, Cookie
Milk

26
NO SCHOOL



Friday

6
Cereal, Crackers
Milk, Juice & Fruit

Mandarin Chicken/Rice
Or Breaded Cheese Sticks
Steamed Broccoli Normandy
Chilled Pineapple, Salad Bar
Dinner Roll & Fortune Cookie
Milk

13
Mini Cinni Rolls
Milk, Fruit & Juice

Cheeseburger on a Bun
Or Cooks Choice
Baked Beans, Salad Bar
Red Grapes
Jonny Pop
Milk

20
Cereal, Crackers
Milk, Fruit & Juice

Chicken Drumsticks
Or Country Beef Sticks
Mashed Potatoes & Gravy
Green Beans, Strawberries
Roll, Chocolate Cake
Milk

27
NO SCHOOL



Lunch News

Daily Salad Bar
Below are listed a few of the varied choices provided with lunch. Lettuce with 50% dark green mix, Carrots, Cucumber Slices, Broccoli, Green Peppers, Celery, Cauliflower and Radishes

Meal prices for 2024-2025
Breakfast - \$2.10
PK - 5th Grade Lunch - \$3.20
6th - 12th Grade Lunch - \$3.30
Adult Breakfast - \$2.50
Adult Lunch - \$4.85
Extra Milk - \$.50

EZSchoolpay
You may monitor your child's meal account and receive payment reminders via email on [EZSchoolpay.com](https://ezschoolpay.com) for FREE. You may also enter money into the account with a debit/credit card. There is a \$3.00 fee for online deposits.

If you have any questions, please call the Food Service Office at 712-527-5029.

This Institution is an equal opportunity provider.

Menus subject to change.

School Info

Professional Development
4th & 11th
2hr Early Dismissal

Two Hour early Dismissal
December 20th

Winter Break
December 23 – 31 No School
January 1-3 No School

School website for online menu: <https://www.glenwoodschools.org/>
Link to: [Food Service Welcome letter](#)

The 2024-2025 Iowa Eligibility Application for free or reduced meals is available to fill out and submit online at: EZMealapp.com
You may also pick up a paper application in the school offices or download the form - [Free and Reduced Iowa Eligibility Application Form](#) .
We encourage everyone to fill out an application to see if you qualify.