

July 2024

SFSP Glenwood Middle School

SFSP NEWS

FREE to all children ages 18 and under.

An adult lunch may be purchased at a cost of \$4.75.
Dine In - 11:00 am to 1:00 pm
Monday Thru Friday

Glenwood Middle School
located at 400 Silvers Road
Glenwood, IA 51534

Menu subject to change

Saturday – 13th

Cereal Bar
Milk & Raisels

Grilled Cheese Sandwich,
Chips, Carrot Sticks,
Fresh Fruit
Milk

Saturday – 20th

Cereal Bar
Milk & Raisels

Fiesta Beef Stuffed Sandwich,
Chips, Carrot Sticks,
Fresh Fruit
Milk

Saturday – 27th

Cereal Bar
Milk & Raisels

Taco Stick & Salsa
Chips, Carrot Sticks,
Fresh Fruit
Milk

Saturday – Aug. 3rd

Cooks Choice - Breakfast
Milk & Raisels

Personal Pepperoni Pizza
Chips, Carrot Sticks,
Fruit
Milk

Monday

SFSP Closed **1**



Cereal
Milk & Juice **8**

Pizza
Green Beans
Salad Bar
Chilled Peaches
Sherbet Cup
Milk

Cereal
Milk & Juice **15**

Hamburger on a Bun
Hashbrown
Salad Bar
Mandarin Oranges
Fruit Slushy
Milk

Cereal
Milk & Juice **22**

Pizza Crunchers
Marinara Sauce
Green Beans
Salad Bar & Apple
Jonny Pop
Milk

Cereal
Milk & Juice **29**

Quesadilla
Green Beans
Salad Bar
Chilled Peaches
Sherbet Cup
Milk

Tuesday

SFSP Closed **2**



Mini Donuts
Milk & Juice **9**

Chicken Nuggets
Steamed Corn
Salad Bar
Strawberries
Dinner Roll
Milk

Mini Donuts
Milk & Juice **16**

Bosco Cheese Sticks
Marinara Sauce
Green Beans
Salad Bar
Chilled Peaches
Milk

Mini Donuts
Milk & Juice **23**

Mandarin Chicken & Rice
Steamed Mixed Veggies
Salad Bar
Chilled Pineapple
Fortune Cookie
Milk

Mini Donuts
Milk & Juice **30**

Walking Taco
Fiesta Beans
Salad Bar
Chilled Applesauce
Cinn. Cracker
Milk

Wednesday

SFSP Closed **3**



Cinnatwin Roll
Milk & Juice **10**

Cheese Omelet
French Toast & Syrup
Hashbrown
Salad Bar
Banana
Milk

Blueberry Donut Holes
Milk & Juice **17**

Chicken Tenders
Mashed Potatoes & Gravy
Salad Bar
Strawberries
Bread & Butter
Milk

Cinnatwin Roll
Milk & Juice **24**

Crispito & Cheese Sauce
Steamed Corn
Salad Bar
Watermelon
Sherbet Cup
Milk

Cowboy Bread
Milk & Juice **31**

Breaded Cheese Sticks
Marinara Sauce
Steamed Corn
Salad Bar
Banana
Milk

Thursday

SFSP Closed **4**



Blueberry Donut Holes
Milk & Juice **11**

Super Nachos
Steamed Peas
Salad Bar
Red Grapes
Garlic Breadstick
Milk

Cowboy Bread
Milk and Juice **18**

Soft Shell Taco
Steamed Corn
Salad Bar
Chilled Applesauce
Muffin
Milk

Banana Choc. Bread
Milk & Juice **25**

Popcorn Chicken
French Fries
Salad Bar
Red Grapes
Bread & Butter
Milk

Misc Pastries
Milk & Juice **1**

Cheeseburger on a Bun
Chips
Veggies
Mandarin Oranges
Fruit Slushy
Milk

Friday

SFSP Closed **5**

If you have any questions regarding this program, you may contact the GCSD Food Service office at 712-527-5029
This Institution is an equal opportunity provider.

Cereal
Milk & Juice **12**

Chicken Patty on a Bun
French Fries
Salad Bar
Chilled Pears
Jonny Pop
Milk

Cereal
Milk & Juice **19**

Mini Corn Dogs
Baked Beans
Salad Bar
Chilled Pears
Goldfish Crackers
Milk

Cereal
Milk & Juice **26**

Stuffed Crust Pizza
Peas
Salad Bar
Orange Wedges
Slushy Cup
Milk

Cereal
Milk & Juice **2**

Chicken Patty on a Bun
French Fries
Veggies
Chilled Pears
Jonny Pop
Milk